

**Late Baliram Kashyap Memorial Govt. Medical College,
Dimrapal, Jagdalpur (Chhattisgarh)
MBBS PHASE-I BATCH2019-20
AUGUST 2019**

Date	Day	08:30 to 9:30	09:30 to 10:30	10:30 to 10:45	10:45 to 11:45	11:45 to 12:45	12:45 to 13:30	13:30 to 14:30	14:30 to 16:30
1-Aug	Thurs	Welcome of Students	Dean's Address		<ul style="list-style-type: none"> ➤ Address by HODs ➤ Academic Calendar ➤ Parent Teacher Interaction 		Lunch Break	College Visit	
2-Aug	Fri	Yoga session		Short Break	Orientation with Registration Anatomy Department		Lunch Break	Orientation with Registration Biochemistry Department	
3-Aug	Sat	Yoga session		Short Break	Orientation with Registration Physiology Department		Lunch Break	Guest Lecture on Anti-ragging	
4-Aug	Sun	<u>SUNDAY</u>							
5-Aug	Mon	Yoga session	Yoga Lecture	Short Break	MBBS Program and Academic Ambience & University Rules and Regulations	History of Medicine	Lunch Break	College/Hospital Visit	
6-Aug	Tues	Yoga session	National Health Priorities and Policies	Short Break	Universal Precautions and Vaccination	Patients Safety and Biohazard Safety	Lunch Break	College/Hospital Visit	
7-Aug	Wed	Yoga session	Health Care System and its Delivery	Short Break	Alternate Health System	Library Facility	Lunch Break	Introduction to Medical Ethics	
8-Aug	Thurs	Informed consent	PSM field visit/ Communication skill/Basic life support				Lunch Break	PSM field visit/ Communication skill/Basic life support	

**Late Baliram Kashyap Memorial Govt. Medical College,
Dimrapal, Jagdalpur (Chhattisgarh)
MBBS PHASE-I BATCH2019-20
AUGUST 2019**

Date	Day	08:30 to 9:30	09:30 to 10:30	10:30 to 10:45	10:45 to 11:45	11:45 to 12:45	12:45 to 13:30	13:30 to 14:30	14:30 to 16:30
9-Aug	Fri	Yoga session		Short Break	Time management	Gender sensitivity	Lunch Break	Language skills/ extracurricular activities	
10-Aug	Sat	Session on Self care	Working within a healthcare team	Short Break	Doctor's role in society		Lunch Break	Sports	
11-Aug	Sun	<u>SUNDAY</u>							
12-Aug	Mon	<u>HOLIDAY</u>							
13-Aug	Tues	Yoga session		Short Break	Records and documentation	Research Methodology	Lunch Break	Language skills/ extracurricular activities	
14-Aug	Wed	Concepts of exercise and physical fitness		Short Break	Career pathway and personal goals		Lunch Break	Sports	
15-Aug	Thurs	<u>HOLIDAY</u>							
16-Aug	Fri	Yoga session		Short Break	Telemedicine	Handling Bio-waste	Lunch Break	Language skills/ extracurricular activities	
17-Aug	Sat	<u>HOLIDAY</u>							

**Late Baliram Kashyap Memorial Govt. Medical College,
Dimrapal, Jagdalpur (Chhattisgarh)
MBBS PHASE-I BATCH2019-20
AUGUST 2019**

Date	Day	08:30 to 9:30	09:30 to 10:30	10:30 to 10:45	10:45 to 11:45	11:45 to 12:45	12:45 to 13:30	13:30 to 14:30	14:30 to 16:30
18-Aug	Sun	<u>SUNDAY</u>							
19-Aug	Mon	Yoga session	PSM field visit/ Communication skill/Basic life support				Lunch Break	PSM field visit/ Communication skill/Basic life support	
20-Aug	Tues	Stress management		Short Break	What is it to be a patient		Lunch Break	Language skills/ extracurricular activities	
21-Aug	Wed	Use of information technology	Immunisation requirement for health care professionals				Lunch Break	Sports	
22-Aug	Thurs	Yoga session	PSM field visit/ Communication skill/Basic life support				Lunch Break	PSM field visit/ Communication skill/Basic life support	
23-Aug	Fri	Yoga session		Short Break	End of life care (Palliative Care)		Lunch Break	Language skills/ extracurricular activities	
24-Aug	Sat	<u>HOLIDAY</u>							
25-Aug	Sun	<u>SUNDAY</u>							

**Late Baliram Kashyap Memorial Govt. Medical College,
Dimrapal, Jagdalpur (Chhattisgarh)
MBBS PHASE-I BATCH2019-20
AUGUST 2019**

Date	Day	08:30 to 9:30	09:30 to 10:30	10:30 to 10:45	10:45 to 11:45	11:45 to 12:45	12:45 to 13:30	13:30 to 14:30	14:30 to 16:30		
26-Aug	Mon	Yoga session	PSM field visit/ Communication skill/Basic life support				Lunch Break	PSM field visit/ Communication skill/Basic life support			
27-Aug	Tues	Group dynamics		Short Break	Respect to faculty and gratitude	Health wellness literacy	Lunch Break	Language skills/ extracurricular activities			
28-Aug	Wed	Yoga session		Short Break	Computer skills	Learning methods	Lunch Break	Sports			
29-Aug	Thurs	Learning methods		Short Break	Vaccination	Value of integrity and honesty during interaction with peers, seniors and faculty	Lunch Break	Sports			
30-Aug	Fri	Yoga session		Short Break	Computer skills	Learning methods	Lunch Break	Language skills/ extracurricular activities			
31-Aug	Sat	Role of nutrition	Learning methods	Short Break	Professionalism , attitude and ethical behaviour			Lunch Break	Sports		

**Dean
Late B.R.Kashyap Memorial
Govt. Medical College
Dimrapal Jagdalpur(C.G.)**